

BEEF BURGER SEASON IS HERE.



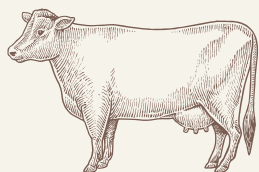
Preparation & Cooking

- Total cooking time: 5-6 minutes per side
- Ensure burgers reach an internal temperature of 71°C (160 °F)
- Brush heated grill with cooking oil. Grill frozen burgers over medium heat or broil in oven or fry in a non-stick pan that has been brushed with cooking oil.



63 ACRES

PREMIUM BC BEEF



BC Beef for BC Families

- 100% BC born, raised and processed
- Grass fed and grain finished
- Raised on one of four small ranches in the North Okanagan
- AAA or higher grading from Angus genetics cattle
- Raised without the use of added hormones and steroids

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Nutrition Facts Valeur nutritive

Per patty (142 g)
pour (142 g)

	% Daily Value*
Calories 310	% valeur quotidienne*
Fat / Lipides 21 g	28 %
Saturated / saturés 9 g	
+ Trans / trans 0.5 g	47 %
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 28 g	
Cholesterol / Cholestérol 85 mg	
Sodium 90 mg	4 %
Potassium 400 mg	8 %
Calcium 10 mg	1 %
Iron / Fer 2.5 mg	14 %

*5% or less is **a little**, 15% or more is **a lot**

*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

INGREDIENTS: BEEF

8 PATTIES PER BOX
10 BOXES PER CASE (MASTER CASE)

To order call:
1 800 665 9731